

Winter Walk Month

Week 4: Getting Active with Your Community and Family
(February 20th - 24th, 2023)

Create a story journey or scavenger hunt on your school grounds that families could engage with during the evening.	<ul style="list-style-type: none">- There are a variety of story journeys available on the OE Depot lending library's Google Site.- CBC Winter Scavenger Hunt
Share various resources to promote physical activity at home with your school community via Twitter, your school's newsletter, etc.	<ul style="list-style-type: none">- Ontario Active School Travel: Winter Walk Day Activity Ideas- ParticipACTION
Organize a winter themed family activity night for your school community.	<ul style="list-style-type: none">- Ophea: Time-to-Move Family Activity Night- Ophea: Winter Festival of Friendly Fun

